



[www.psychopathyis.org](http://www.psychopathyis.org)

### What is psychopathy?

Psychopathy is a common disorder that affects 1 in 100 people<sup>1</sup>. People with psychopathy have uncaring personalities (low empathy, compassion, and remorse), are bold and daring, and have difficulty inhibiting behaviors<sup>2</sup>. They may deceive, manipulate, exploit, threaten, or steal from others. Sometimes, but not always, they are physically violent. Psychopathy is a spectrum disorder that ranges from mild to extreme and results from atypical structure and function in the brain<sup>3</sup>.

### I am concerned I may be at risk for psychopathy because I have the following traits and/or engage in the following behaviors:

- Not feeling empathy or compassion for others' suffering or distress
- Not feeling remorse after hurting others or breaking rules
- Manipulating people to get things
- Lying often and skillfully
- Have trouble maintaining relationships with people

I completed an online psychopathy screener ([www.psychopathyis.org](http://www.psychopathyis.org)) and my score is \_\_\_\_ which places me in the top \_\_\_\_% of the population.

I would like a referral to a clinician who is knowledgeable about psychopathy and familiar with (or willing to learn more about) the most effective treatments for this disorder.

### For more information:

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- 1 Tiihonen J et al. (2019) Neurobiological roots of psychopathy. *Molecular Psychiatry*.
- 2 Skeem JL et al. (2011) Psychopathic personality: Bridging the gap between scientific evidence and public policy. *Psychological Science in the Public Interest* 12:95–162.
- 3 Blair RJ (2013) Psychopathy: cognitive and neural dysfunction. *Dialogues in Clinical Neuroscience* 15(2):181–190.